
The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America



October 2008

We are happy to introduce a new format for Friday nights.
Movies will be presented, followed by thoughtful open discussions.

Doors open at 6:30 p.m. Movies begin promptly at 7:00 p.m.

From 6:30 to 6:55 is time for socializing, browsing through the bookstore and library, and enjoying light refreshments.

- Oct 3 **The Bodhisattva Motivation: The Perfection of Concentration****
Practical suggestions for working towards inner peace and harmony of mind given by the Dalai Lama.
- Oct 10 **A Guide to Walking Meditation****
Thich Nhat Hanh. The noted Vietnamese Buddhist teacher demonstrates how to do walking meditation.
- Oct 17 **Shamanic Healing Techniques****
Carol Ward provides a short overview of depth psychology and describes how a shaman can intervene to remove negative patterns.
- Oct 24 **Mudra: Gestures of Power****
Sabrina Mesko. Explore the ancient art of ritual hand gestures, as demonstrated by a yoga expert, for strengthening your body, clarifying your thoughts, and deepening your meditations.

Oct 31 Closed for Halloween

SPECIAL WORKSHOP: YOGA SUTRAS OF PATANJALI

Saturday, October 25 (9:00 a.m. - 12:30 p.m.) Cost: \$10
Facilitator: Ron Leinweber, BS, MA, Trained Meditation Facilitator

Ongoing Activities

MONDAYS: 2ND MONDAY OF EVERY MONTH 7:00 PM

Book Study: *Esoteric Buddhism* by A.P. Sinnett. This book (published in 1883) constituted one of the earliest exploration of 'Karma' and 'Reincarnation' and other such terms, previously almost unknown in the West. This class that is open to all can be joined at any time due to the stand alone character of the material. If you are interested, please call Marina Sionov at (248) 545-8553 or (248) 545-1961.

OCEAN OF THEOSOPHY STUDY

TUESDAYS: 7:00 PM TO 9:30 PM

Book Study: *A New Earth* by Eckhart Tolle. *A New Earth* explores how humanity now, perhaps more than in any previous time, has an opportunity to create a new, saner, more loving world. Gary Contesti and Daya Kujansuu facilitate a weekly group discussion.

MEMBERS STUDY

WEDNESDAYS: 7:30 – 9:00 PM SHARP

Don Elwert continues the grand tradition of the Wednesday night open forum. Meetings involve a wide ranging exploration of theosophical writings and ideas, with frequent forays into Christian Mysticism, astrology and even shades of Rosicrucian thought. Discussion tends to be lively and informative, and attendees have always offered enthusiastic reviews.

OPEN DISCUSSION

THURSDAYS: 7:30 – 9:00 PM

The meditators' support circle emphasizes meditation as a way to be with Spirit and in Spirit. There are no shortcuts or crash courses, no instant mysticism. We sense in stillness with others a great linkage and strengthening. We meet to support each others daily meditation. Typically, we begin with a short reading and several minutes of contemplative music, leading into two thirty minute silences. These are broken by a five minute interval. Participants may leave during this time or move about quietly in a meditative walk. The ninety minutes together ends with quiet conversation. Please plan to arrive a few minutes early. For information call Ron at (248) 280-4711.

MEDITATION CIRCLE

NEW

Academy of Classical Metaphysics

1st and 4th Mondays. Facilitator: Don Shepard.
Call (248) 545-1961 for details.