

THEOSOPHICAL SOCIETY IN DETROIT

Chartered in 1916 as a Branch of the Theosophical Society in America

MARCH & APRIL 2000

HEALERS AND THE HEALING PROCESS

“In the deeper reality beyond space and time,
we may all be members of one body.”
Sir James Jeans

FRIDAY PROGRAMS	8 PM	Suggested donation \$5.00
MAR 3	STRESS, ILLNESS AND OPTIMAL HEALTH: USING THE MIND-BODY CONNECTION Howard Shubiner, M.D. Professor of Internal Medicine, Pediatrics and Psychiatry, Wayne State University School of Medicine, Howard is the academic director of the Center for Holistic Medicine in West Bloomfield, where he teaches mindfulness meditation and facilitates several support groups. His approach is research-based, warm and practical.	
MAR 10	NON-ATTACHMENT AND OTHER TOOLS FOR SELF-UNDERSTANDING Prasanna Vengadam Now more than ever, were living in the midst of intense attachments and passions. How do we avoid becoming slaves to unhealthy weaknesses and emotions? We look at the Hindu Vedantic and Buddhist approaches toward “non-attachment” and “letting go”. Prasanna brings experience in parenting and marketing to her comparative religious studies.	
MAR 17	PRAYER POWER Open Forum Working from Dr. Larry Dossey's text, <i>Healing Words</i> and other current studies, we explore how and why prayer works and discuss the dynamics of prayer groups. Maria Parisen, MSN, RN facilitates our inquiry.	
MAR 24	HEALING OURSELVES AND THE EARTH THROUGH ALCHEMY Herman and Christine Meinke Many forces, some with unknown long-term effects, influence the earth - radar, radio waves, chemical drift, toxic rain. Adaptation means letting go of old patterns and acquiring new ones. Herman and Christine, of The Tree House for Earth's Children, have a rich background in chemistry, alternative healing, and environmental awareness.	
MAR 31	PATH OF A HEALER Bettiann Clark A healing facilitator through gift and training, Bettiann, N.D. is a longtime student of metaphysics and the healing arts. In her work as a spiritual counselor, she integrates psychotherapy, spirituality, Reiki and Esoteric Healing, Yoga Therapy, and ageless wisdom teachings to support her clients on all levels. Tonight she introduces her class series, <i>Practical Healing</i> , which begins next week.	
APR 7	INTERNAL SPRING CLEANING Stefan Brink Stefan Brink, Ac.T. directs Natural Research and Healing Arts. See why internal cleansing is essential, how the cost/benefit ratio supports your well-being, and how you can maintain energy and dedication to work during your cleanse. Stefan's approach includes dietary and lifestyle coaching, traditional natural medicine, related therapies and a good sense of humor. Learn how to be your own doctor.	
APR 14	THE PSYCHOLOGY AND SPIRITUALITY OF HEALING J.M. Reddy, M.D. Understanding how we perceive, conceive, and interpret things in everyday life is vital to self-healing. Suffering is a universal reality. We can overcome and outgrow it by developing a mature perspective. Dr. Reddy is Medical Director, Department of Psychiatry, Crittenton Hospital and maintains a private practice in Rochester Hills.	
APR 21	LIVING WITH THE LIGHT, DANCING WITH THE DARK G.S. Khalsa, M.D. The goal of spiritual seeking is to realize our union with all that is. The main obstacle in the path is our own shadow, parts of ourselves that we split off and disown. Dr. Khalsa helps us begin to explore and reintegrate the shadow, with loving acceptance. Gurudarshan is a wholistic family physician. He is currently dancing with his own shadow. Upcoming workshop: 248-541-4834.	
APR 28	KARMA AND SUFFERING Open Forum We begin with a videotaped interview with international lecturer Diana Dunningham-Chapotin, <i>Do We Ever Suffer Undeservedly?</i> Richard Brooks, Ph.D. then facilitates our inquiry into the nature and function of karma in difficult times.	

WEDNESDAY PROGRAM

PRACTICAL HEALING

Three-weeks: April 5-19
Bettiann Clark

7:30 — 9 PM

Fee: \$40 series. \$15 individual class.

This three-part class focuses on development of the natural healing potential in each of us. Included are: ways to strengthen our spiritual consciousness; the ethics of healing; exercises to support our work as channels of healing energy. Although each class stands on its own, we recommend students commit to all three classes for maximum benefit. See March 31 program for introduction.

ON-GOING EVENING MEETINGS

TUESDAY MEMBERS' STUDY

Time: 8:00 — 9:30 PM

THE DIVINE PLAN

In March, we begin G. Barborka's *The Divine Plan*, a commentary on H.P. Blavatsky's *The Secret Doctrine*. The text is a guidebook to the teachings given to the western world by those who are the custodians of the Ancient Wisdom. It is for those who wish to study these ancient teachings in depth. All TS members are welcome. Non-members may participate once, by prior arrangement.

MEDITATION CIRCLE

Wednesdays

Time: 7:30 — 8:30 PM

A support circle for those who meditate regularly or who would like to. Combines silent meditation, inspirational readings and discussion. Come to the Meditation Room.

ARCANA OF THE GRAIL ANGEL

Thursdays

Time: 7:30 — 9:00 PM

John Barnwell leads studies in the Grail mysteries and esoteric Christianity from his text, developed out of Rudolf Steiner's Spiritual Science. Your \$10 donation helps fund our center.

The Theosophical Society maintains the right of individual freedom of thought for every member. Those who join the Society are not asked to give up the teachings of their own faiths. No doctrine, no opinion, by whomsoever taught or held, is in any way binding on any member of the Society, and no teacher or writer has authority to impose opinions on others. All members are urged to defend and act upon these fundamental principles and also fearlessly to exercise their own right of liberty of thought and of expression within the limits of courtesy and consideration for others.

NETWORKING: CLASSES/ORGANIZATIONS MEETING AT THE TS

Dr. Marc Terebello, of the Chiropractic Wellness Center, teaches FUNDAMENTALS OF MUSCLE TESTING, a practical, hands-on course to help you determine the source of common ailments and conditions.

Mondays 8-10 PM April 10-May 22 Info: 248-569-0366