
The Theosophical Society in Detroit

Chartered in 1916 as a Branch of the Theosophical Society in America



MAY 2019

Doors open at 6:30 p.m. Programs begin promptly at 7:00 p.m. \$5 Suggested Donation
From 6:30 to 6:55 is time for socializing and browsing through the bookstore and library.

May 3 ***Living Raja Yoga***

Paul Benedict Presents

How do the principles taught in the raja yoga system apply to our lives today and how do we achieve true happiness? Paul will explore human emotions, the ego, time and how our concept of it evolved, clairvoyance, and meditation. A national lecturer for the Theosophical Society in America, Paul is a holistic yoga and meditation teacher from Las Vegas who has presented throughout the U.S. and internationally. He is the author of "Ancient Wisdom for a New Age: A Practical Guide for Spiritual Growth".

May 4 ***Light on Pranayama***

Saturday
10am-noon

Paul Benedict Presents

This workshop is a journey through the theory and practice of pranayama as an integral part of yoga. It is equal parts lecture and practice. The asana portion emphasizes guided breathwork and meditation. Paul will draw from the teachings of Patanjali, theosophy, and tantra and will cover meditation practices, prana and how we can use it to transform our lives, how to direct energy to achieve positive results, and the main obstacles in this practice.

May 10 ***Entering the Mountain Gate: Essentials of Zen Buddhism***

DVD and Discussion with Mary Hawkins

This video explores the 2,500 year old tradition of Zen and focuses on the "Practice School" of Buddhism, asking what implications does the enlightenment of Buddha have for us today? It is inspiring, encouraging, and offers instructions on Zen training from an authentic modern master, Abbot John Daido Looi of Zen Mountain Monastery.

May 17 ***The Notre Dame Fire and its Occult Significance***

Presentation by David Zimmerman

David is an astrologer, student of the esoteric, and a board member of the Theosophical Society. Esoteric insights into the coming New Age, connections between ancient history and new science, the influence of the 7 rays, and the fire of Initiation.

May 24 ***Ayurvedic Medicine***

Presentation by Harsha Perera Jayatilake M.D.

Ayurveda is a 5000 year old health and healing system which incorporates individual lifestyle, awareness and the environment as the fundamentals for total health and well-being. He is an Assistant Clinical Professor at WSU School of Medicine and MSU College of Osteopathic Medicine

May 31 ***There is no Religion Higher Than Truth***

DVD with Danelys Valcarcel

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27745 Woodward Avenue
Berkley, Michigan 48072-0906

ONGOING ACTIVITIES

If you have any questions or comments about our ongoing activities,
please call (248) 545-1961 or email theosodet@gmail.com

NOTICE:

This year's *Annual Election of Officers* will be held on
Tuesday, May 28th at 7:00pm (Members only).

MONDAYS: 7:00PM TO 9:00PM

BOOK STUDY

2ND MONDAY OF EVERY MONTH

The Astral Body and Other Astral Phenomena (Classics Series)
by A.E. Powell.

In print since 1927, this study of our subtle body is based on the works of theosophical authors and noted clairvoyants, including H. P. Blavatsky, C. W. Leadbeater, and Annie Besant, and is one of a series of 5 books dealing with our dimensions of consciousness and our role in the Scheme of Evolution.

MONDAYS: 7:00PM TO 9:00PM

BUSINESS MEETING

3RD MONDAY OF EVERY MONTH

Monthly Board Meeting

Open to all members of the Detroit lodge.

TUESDAYS: 10:00AM TO 3:00PM

BOOKSTORE HOURS

Coffee and Compassion

The lodge is open to the public for conversation,
book browsing, and other activities.



TUESDAYS: 7:00PM TO 8:30PM

BOOK STUDY

Getting Acquainted with The Secret Doctrine

Continue study of H. P. Blavatsky's remarkable work *The Secret Doctrine* assisted by the study course *Getting Acquainted with The Secret Doctrine* by John Algeo. *The Secret Doctrine* is the basis for modern theosophy, its subject is the origin and essential nature of the universe and of humanity.

WEDNESDAYS: 7:00PM TO 9:00PM

OPEN DISCUSSION

***Open Forum* facilitated by Gary Contesti and Galen Garst**

Theosophical Society in Detroit parking is limited. . .

The **good news** is. . .the Vinsetta Garage restaurant (next door) offers

free valet parking

for people attending our programs.

Just tell the parking attendant that you are attending a program at the Theosophical Society in Detroit.